



## Virtual Career Design Retreat

ON-LINE OVER ZOOM

Teaching the art and science of living well.

I can only trust that what lies ahead will be fuller, freer, than the present. I hope for a life that is my own, that has no false chains to bind me, that allows me to move like a butterfly on the wind and stand, when necessary, like a lioness in high grass. I want a life that is directed by the call within myself not by an institution, not even by what looks like the care and concern of others.

Joan Chittister

THE ART OF LIVING, INC.

1036 Country Club Drive, Suite. #100 Moraga, CA 94556 www.TheArtofLivingInc.com

julie@TheArtofLivingInc.com

You have a unique Design. You were born with it. You knew it as a child. But somewhere along the way you stopped trusting yourself and started listening to

what your parents, the media and society thought you *should* do.

Most likely, you are reading this because you are experiencing a significant life

transition. Perhaps you are, or are about to be, between jobs; you have been laid-off or are simply done with the work you do now; your relationship is in flux or you are a new parent. You are desiring—or being forced into—change. This is good.

You have an opportunity right now to uncover your innate Design and learn how to let yourself succeed and feel wonderful.

Currently your brain is filled with habits of thought which have their own

neurological pathways, ideas that, statistically, solidify around the age of twelve. These old ideas obscure your view

of the perfect Design at your core.

Once you have regained access to your innate Design you will learn how to operate from this blueprint to find the life that you love.

This moment of restlessness is an invitation to become buoyant: Your Design is your personal flotation device, your access to buoyancy, innovation and satisfaction.

No matter what is happening with the circumstances, knowing your Design will make you resilient: You will be resilient anywhere at any time, because you will not only know how to adapt your design to new and different situations as needed, but you will find that new insights and opportunities will find you.

Join us for this sacred adventure. Once you know your design, then peace, wisdom, leadership and inspiration are yours.

## **DETAILS December 18-20, 2020**

Zoom 10:00-12:30 , 2:00-5:00 PM each day **\$2,195.00 (See Pandemic Price Above)** 

To Register: <a href="https://theartoflivinginc.com/upcoming-events/">https://theartoflivinginc.com/upcoming-events/</a>
Scroll down to December, Virtual Career Design